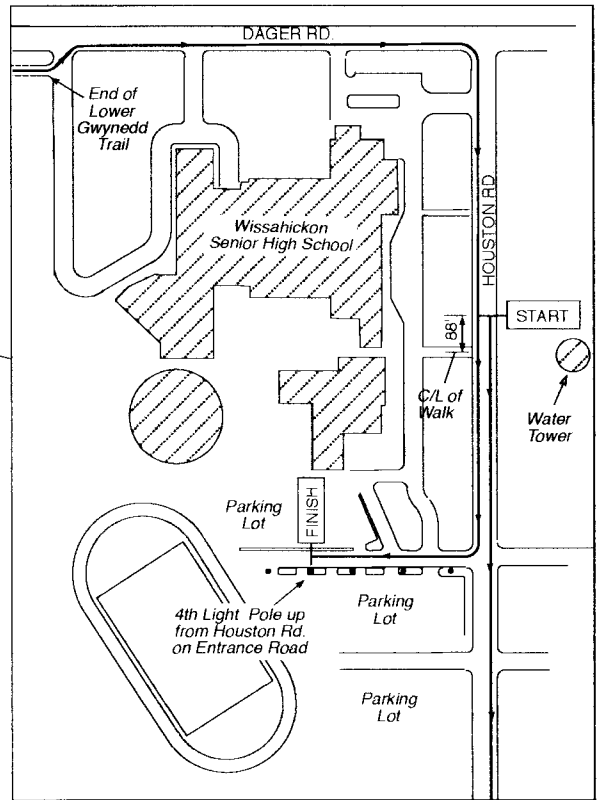
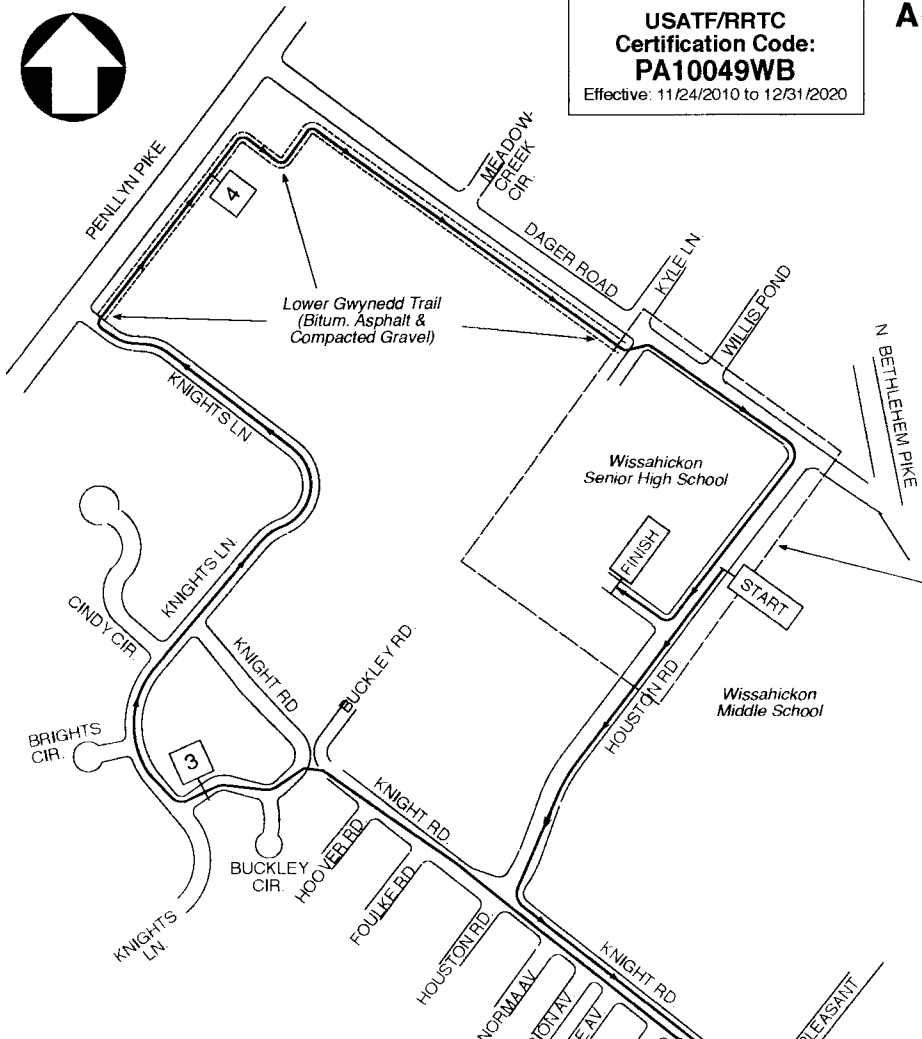




USATF/RRTC  
 Certification Code:  
**PA10049WB**  
 Effective: 11/24/2010 to 12/31/2020

# AMBLER FROSTBITE 5 MILER - 2011

## Ambler, Montgomery Co., PA



**COURSE DESCRIPTION:**

**START:** ON HOUSTON RD. 88' NE OF THE CENTERLINE OF THE WALKWAY RUNNING NW TO THE SCHOOL, AND 82.5' NE OF UTILITY POLE #31618D, MARKED BY 'S' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, 12" OUT FROM THE SE CURB, WITH A STRIPE ON BOTH CURB, ALL IN YELLOW PAINT.

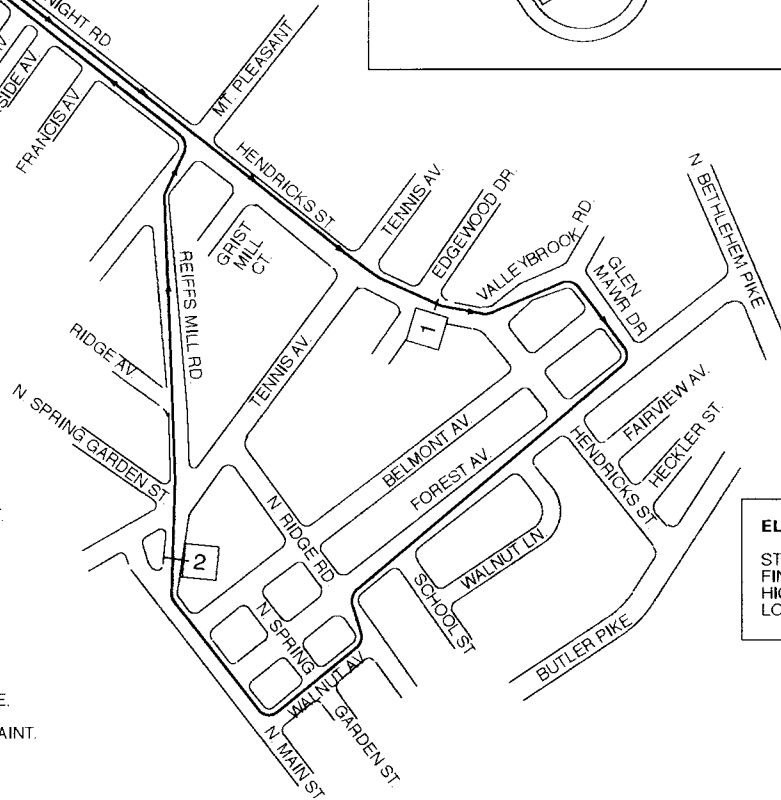
**MILE 1:** ON HENDRICKS ST. 6.5' SE OF THE SE CURB LINE OF EDGEWOOD DRIVE, AND 43' NW OF UTILITY POLE #56550 MARKED BY '1' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, IN THE PAVED ENTRANCE OF EDGEWOOD DRIVE, ALL IN YELLOW PAINT.

**MILE 2:** ON THE EAST SIDE OF REIFFS MILL RD., BETWEEN N. MAIN ST AND TENNIS AV., APPROX. 160' N OF N. MAIN ST AND MORE ACCURATELY 13.8' S OF A 'SPEED LIMIT 25' SIGN AND 51.5' N OF UTILITY POLE #8715, MARKED BY '2' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, 12" OUT FROM THE EAST CURB, WITH A STRIPE ON THE CURB, ALL IN YELLOW PAINT.

**MILE 3:** ON KNIGHT RD., BETWEEN THE BITUMINOUS PATH AND BUCKLEY CIRCLE, MORE ACCURATELY 17' WEST OF THE MAILBOX OF #717 KNIGHT RD., MARKED BY '3' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, ABOUT 6' OUT FROM THE NW CURB, STRIPE ON THE EDGE OF THE CONCRETE DRIVEWAY APRON, ALL IN YELLOW PAINT.

**MILE 4:** ON THE LOWER GWYNEDD TRAIL, 96.5' NE OF A BENCH ON THE NW SIDE OF THE TRAIL, MARKED BY A 1-1/2" DIAM. WHITE PVC PIPE SECTION DRIVEN INTO THE GROUND IN LINE WITH THE SPLIT RAIL FENCING ON THE SE SIDE OF THE TRAIL. PIPE PROTRUDES ABOUT 12" ABOVE GROUND AND HAS A YELLOW PAINT ON TOP.

**FINISH:** ON THE ENTRANCE ROAD LEADING TO THE NORTH END OF THE STADIUM, APPROX. 370' NW OF THE NW CURB LINE OF HOUSTON RD., AND MORE ACCURATELY EXACTLY EVEN WITH THE 4TH LIGHT POLE NW OF HOUSTON RD., MARKED BY 'F' IN A SQUARE, 'AFB 5M' ABOVE, '2011' BELOW, 6" OUT FROM THE NE CURB LINE OF THE ENTRANCE RD., A STRIPE ON THE SW CURB, ALL IN YELLOW PAINT.



**ELEVATIONS:**

START:	311 FT
FINISH:	299 FT
HIGHEST:	316 FT
LOWEST:	218 FT

BILL BELLEVILLE  
 ARDMORE, PA  
 NOV. 2010  
 CS-1082

