

FACES IN THE RACES



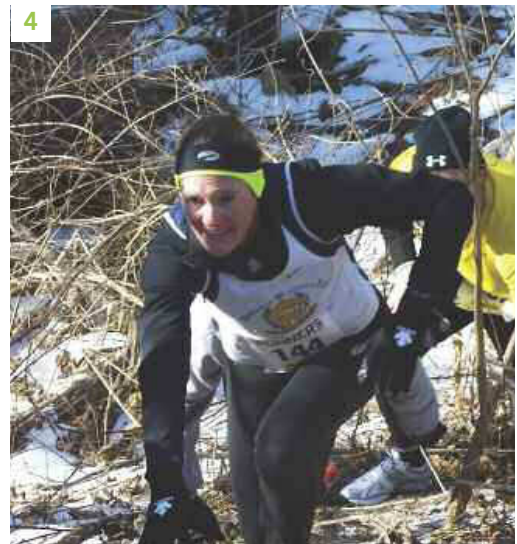
Ambler Area Running Club



Helene Horn



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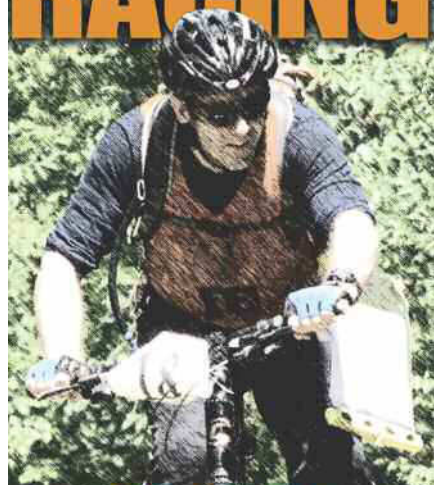


Helene Horn

- 1 2009 competitors taking part in the 5 mile Frostbite Run in February.
- 2 Shiver by the River, Pagoda Pacers Event Winter Series start photo.
- 3 Back on My Feet runners gather before the 5 mile Frostbite Run in February.
- 4 Polly Jansen climbing the course as she competes in the Chilly Cheeks Race.
- 5 Competitors tackling both the elements and the course at the 2009 Ugly Mudder.

Submit your own face from the race to:
info@libertysportsmag.com.

GOALS ADVENTURE RACING



The Savage

Adventure Race • 20 miles/6 hours

4.19.2009

The Cradle of Liberty

Adventure Race • 100 miles/24 hours

6.27.2009

Krista Griesacker Memorial

Adventure Race • 50 miles/12 hours

8.1.2009

The Wascally Wabbit

Trail Run • 5 miles

9.12.2009

The Edge

Adventure Race • 20 miles/6 hours

10.25.2009



www.GOALSARA.org
866-338-5167

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